

Do not Worry

Read: Matthew 6:25-34

Summary:

Please read the following summary of the preach enabling all to take part and be honest with the questions.

Last week we saw how Jesus was asking the disciples to make a choice... money or God, you cannot serve both. Now Jesus is posing another challenge... are you trying to do things on your own or are you trusting God?

Do not Worry worry causes fear and anxiety. It means we lose the joy of life, we stop making good decisions, we stop learning from the lessons of life and it betrays a lack of trust in God. Worry is unproductive, unnecessary and unhealthy! God is the source we are limited as to what we can change in our life... we cannot add an hour to our life or 46cm to our height! Instead we need to focus on God the creator who looks after His creation; how much more will He our Father look after us!

Father Knows Jesus is constantly challenging his disciples about their lack of faith (Matt 8:23, 14:31, 16:8, 17:20). The danger is that we can believe on Jesus for salvation but not believe in Jesus for life! God has not just started the universe and walked away... He is our sustainer!

Seek First we must demonstrate a commitment to find out and do the will of God. Jesus and His kingdom must be our first priority.

Each Day As a Christian we will have problems in life but don't multiply them by worrying about them! God has a purpose for your life and it is good to plan. However we must also live for Him one day at a time and not live always regretting yesterday or dreaming about tomorrow – LIVE FOR JESUS 100% today!

Application:

Please select from the following questions, give everyone the opportunity to take part and make room to pray for one another.

1. Was there anything shared on Sunday that was unclear and needs clarifying for you?
2. What did God say to you on Sunday and what are you going to do as a result?
3. 'Faith is not automatic'... how do you develop yours?
4. Which way do you lean.... 'laid back or overly worried'. In what way would you like to change?
5. List and then thank God for all the ways He has provided for you in the past week.
6. What do you believe God wants you to do for Him with the rest of your life?